

## CRAFFT Screening Tool for Adolescent Substance Abuse

The following questions concern information about your potential involvement with alcohol and other drugs during the past 12 months. Carefully read each question and decide if your answer is “YES” or “NO”. Then mark in the appropriate box beside the question. Please answer every question. If you cannot decide, then choose the response that is mostly right.

When the word “drug” is used, it refers to the use of prescribed or over-the-counter drugs that are used in excess of the directions and any non-medical use of drugs. The various classes of drugs may include but are not limited to: cannabis (e.g., marijuana, hash), solvents (e.g., gas, paints etc...), tranquilizers (e.g., Valium), barbiturates, cocaine, and stimulants (e.g., speed), hallucinogens (e.g., LSD) or narcotics (e.g., Heroin, Oxycontin).

<b>Part A: During the PAST 12 MONTHS, did you:</b>		No	Yes
1.	Drink any <u>alcohol</u> (more than a few sips)? (Do not count sips of alcohol taken during family or religious events.)		
2.	Smoke any <u>marijuana or hashish</u> ?		
3.	Use <u>anything else</u> to <u>get high</u> ? ("anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff")		
<b>Part B: CRAFFT</b>		No	Yes
1.	Have you ever ridden in a <b>CAR</b> driven by someone (including yourself) who was "high" or had been using alcohol or drugs?		
2.	Do you ever use alcohol or drugs to <b>RELAX</b> , feel better about yourself, or fit in?		
3.	Do you ever use alcohol or drugs while you are by yourself, or <b>ALONE</b> ?		
4.	Do you ever <b>FORGET</b> things you did while using alcohol or drugs?		
5.	Do your <b>FAMILY or FRIENDS</b> ever tell you that you should cut down on your drinking or drug use?		
6.	Have you ever gotten into <b>TROUBLE</b> while you were using alcohol or drugs?		

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### Scoring and Interpretation:

Part A: If “yes” to any questions in Part A, ask all 6 CRAFFT questions. If “no” ask CAR question then stop.

Part B: Score 1 point for each “YES” answer.

<b>CRAFFT Score</b>	<b>Degree of problem related to alcohol or other substance abuse</b>	<b>Suggested Action</b>
0-1	No problems reported	None at this time.
2+	Potential of a significant problem.	Assessment required.

### References:

- Knight JR, et al. A new brief screen for adolescent substance abuse. Arch Pediatr Adolesc Med. 1999 Jun;153(6):591-6. PMID: 10357299
- Dhalla S, et al. A review of the psychometric properties of the CRAFFT instrument: 1999-2010. Curr Drug Abuse Rev. 2011 Mar 1;4(1):57-64. PMID: 21466499