

Thank you for choosing Pediatrics of Sleepy Hollow/Boston Children's Health Physicians as your child's Patient-Centered Medical Home (PCMH).

What is a Patient-Centered Medical Home?

A Patient-Centered Medical Home is not a building, place or hospital. Rather, it is an approach to providing comprehensive healthcare. As your PCMH, we want to be the first place you think of for all of your child's medical needs. We believe that the partnership between the patient, the patient's family, and his/her primary care physician and care team is important. The care team, led by your primary care physician, is committed to providing the best healthcare services possible. Your child's care team will work with you and any outside providers or facilities to coordinate care across all settings, including behavioral health. The team will offer appropriate medical advice, information, and self-management support based on current recommendations and evidence-based guidelines.

Your care team...

Knows the health history of your child
Listens to your questions, concerns and feelings, as well as those of your child
Learns about you, your family, your life situation, your health goals and preferences
Coordinates your child's care with other healthcare providers
Creates a trusting, collaborative relationship with you and your child
Treats your child with compassion and an understanding of his/her strengths
Develops a care plan with you and your child when needed
Respects and honors your culture and traditions
Keeps your child up to date with all vaccines and preventative screenings
Takes care of short term illnesses, long term chronic diseases, and your child's overall well being
Provides behavioral health services when appropriate
Will notify you about test results in a timely manner
Gives you information on community resources and other services to support your child's health



☐ Helps you make the best decisions for your child's care.

You and your child...

providers
Provide a complete and accurate medical and family history to your pediatric team to ensure that the practice has all of the most important and relevant medical information to effectively care for your child
Routinely communicate your child's needs and family priorities to your pediatric team
Remember to tell your pediatric team about any care received between visits (including emergency room visits, urgent care clinics) so we can help coordinate your child's care
Ask questions if you do not understand something
Keep scheduled appointments or call to reschedule as soon as possible
Bring your insurance card to each appointment
Pay copays and past-due balances at the time of service

We see you, the parent, as an important member of your child's health care team. As your child matures, we hope he or she will become an increasingly active team member. Preparing your child to take the lead in caring for his or her own health is, ultimately, our team's most important task.

We are here to support your child's care 24 hours a day, 7 days a week. Our office hours are as follows:

Monday 9:00am-7:00pm

Tuesday 9:00am-7:00pm

Wednesday 9:00am-5:00pm

Thursday 9:00am-7:00pm

Friday 9:00am-5:00pm

Saturday 9:00am-12:00pm (same day appointments only)

Walk-In appointments are available on a first-come basis on weekdays from 8:00am-9:00am. To schedule an appointment, call the office at (914) 332-4141. Every effort will be made to schedule you



with your child's primary care physician. Same-day appointments are available for urgent and routine needs. We encourage you to call as early as possible if a same-day appointment is desired. If you have a question for your physician and it is during office hours, please call (914) 332-4141 and ask to leave a message for the doctor or nurse. If it is after hours and you have a medical issue that cannot wait, please call the office and ask to leave a message for the nurse or physician on call. The on-call nurse or physician will contact you within 30 minutes or less. If you have a medical emergency, call 911 or proceed directly to the emergency room.

You can also use our Patient Portal to ask your care team non-urgent questions. Visit www.pedsofsleepyhollow.com and click on Patient Portal to log in. Messages are returned within 2 business days. Please talk with your care team at any time if you'd like to sign up for the patient portal.

We provide equal access to care regardless of source of payment.

If you do not have health insurance, please visit www.healthcare.gov for information about obtaining coverage, or call the office and ask for information about obtaining healthcare coverage.

To transfer your records today, please contact us at (914) 332-4141. We will assist with obtaining all the appropriate medical information from your previous healthcare provider with your direction and approval.