



# Boston Children's Hospital

Where the world comes for answers

## GEMS PUBERTY RESOURCES 2021

### Youth

*These Are My Eyes, This Is My Nose, This Is My Vulva, These Are My Toes* by Lexx Brown James (CreateSpace Independent Publishing Platform, 2018)

*What Makes a Baby*, by Cory Silverburg and Fiona Smyth (*Trifalger Square*, 2013).

### Tweens

*It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health* by Robbie H. Harris and Michael Emberley (*Candlewick*, 2014)

*Sex Is a Funny Word* by Cory Silverberg (*Triangle Square*, 2015)

*Wait, What?: A Comic Book Guide to Relationships, Bodies, and Growing Up* by Heather Corrina (*Limerence Press*, 2019)

[www.amaze.org](http://www.amaze.org) is a great website with a broad range of information for tweens and young teens in animated videos “takes the awkward out of sex”.

### Teens

*S.E.X The All-you-need-to-know Sexuality Guide to Get You Through your Teens and Twenties* by Corinna, Heather (*Da Capo Lifelong Books*, 2016)

*This Book Is Gay* by Dawson, Juno (*Sourcebooks Fire*, 2015)

*Queer: The Ultimate LGBT Guide for Teens (2nd Edition)* by Kathy Belge (*Zest Books*, 2019)