



Boston Children's Hospital

Where the world comes for answers

GENDER RESOURCES, 2021

Boston Children's Hospital Gender Multispecialty Service (GeMS)

SUGGESTED READING

Bongiovanni, Archie and Jimerson, Tristen. *A Quick and Easy Guide to They/Them Pronouns*, 2018. Limerance Press, 2018.

Brill, S. and Pepper, R. *The Transgender Child: A Handbook for Families and Professionals*. 2008. Cleis Press.

Brill, S. and Kenney, L. *The Transgender Teen: A Handbook for Parents and Professional Supporting Transgender and Non-Binary Teens*. 2016. Cleis Press.

Ehrensaft, Diane, *Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children*. 2011. The Experiment Press.

Ehrensaft, Diane, *The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes*. 2016. The Experiment Press.

Human Rights Campaign Foundation/ Gender Spectrum, *Growing Up LGBT in America*, is a groundbreaking survey of more than 10,000 LGBT-identified youth ages 13-17; topical follow up reports include: *Support and Caring for our Gender Expansive Youth*, 2012. www.hrc.org/youth-gender or www.genderspectrum.org/youth

Gratton, Finn V. *Supporting Transgender Autistic Youth and Adults: A Guide for Professionals and Families*. 2019. Jessica Kingsley Publishers.

Kuklin, Susan, *Beyond Magenta, Transgender Teens Speak Out*. 2014. Candlewick Press.

Killerman, Sam. *The Social Justice Advocate's Guide Handbook: A Guide to Gender*, second edition, 2017. Impetus Books.

Krieger, Irwin, *Helping your Transgender Teen: A Guide for Parents*, second edition, 2018. Jessica Kingsley Publishers.

Krieger, Irwin, *Counseling Transgender and Non-Binary Youth*, 2017. Jessica Kingsley Publishers.

Mendes, Eva A. and Harris, Brian T. *Gender Identity, Sexuality and Autism: Voices from Across the Spectrum*, 2019. Jessica Kingsley Publishers.

Orr, Asaf, ESQ, Baum, Joel, MS, et al. *Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools*; Human Rights Campaign Foundation (2015) provides a blueprint for safe, supportive, inclusive school environments for gender diverse youth.

<http://www.hrc.org/resources/schools-in-transition-a-guide-for-supporting-transgender-students-in-K-12-Schools>

Rajunov, Micah and Duane, A. Scott (editor) *Nonbinary: Memoirs of Gender and Identity*. 2019. Columbia University Press.

Storck, Kelly, *The Gender Identity Workbook for Kids: A Guide to Exploring Who You Are*. 2018. New Harbinger Publications, Instant Help Workbook.

Teich, Nicholas, *Transgender 101: A Simple Guide to a Complex Issue*. 2012. Columbia University Press.

Testa, R., Coolhart, D., Peta, J. *The Gender Quest Workbook: A Guide for Teens & Young Adults Exploring Gender Identity.*, 2015. New Harbinger Publications, Inc.

SUGGESTED WEBSITES and RESOURCES

Camp Aranu'tiq: Summer camp for gender non-diverse youth www.harborcamps.org

Camp Outright: Summer camp for gender diverse youth www.outrightvt.org

Campus Pride: Extensive information about LGBTQI resources in colleges and universities throughout U.S., updated yearly www.campuspride.org

The Family Acceptance Project: research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth, including suicide, homelessness and HIV in the context of their families, cultures and faith communities. <http://familyproject.sfsu.edu>

Gay and Lesbian National Hotline: Anonymous peer counseling, information and referrals with huge database (888.THE.GLNH) www.glnh

Gay and Lesbian Medical Association (GLMA) www.glma.org

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Gender Spectrum: Gender Spectrum provides extensive materials to create gender sensitive and inclusive environments for children and teens; includes education, trainings, legal concerns, on-line forum, general and specific resources for youth, families, educators, allies and health/mental health care providers. www.genderspectrum.org

GLAAD: Gay and Lesbian Advocate and Defenders Legal rights, advocacy. www.glad.org 1-800-455-GLAD

GLESN (Gay, Lesbian and Straight Education Network): provides educators and families support, training, advocacy tools, research to create safe and affirming schools for all, regardless of sexual orientation, gender identity, or gender expression. See GLESN's *2015 National School Climate Survey*. www.glesn.org

Greater Boston PFLAG: Parents, Families & Friends of Lesbians & Gays National and local listings available for family LGBTQ support. info@gbpflag.org 781.891.5966

The Trevor Project: Suicide prevention for sexual and gender minority youth www.thetrevorproject.org TrevorLifeline: **1-866-488-7386**; TrevorChat and TrevorText also available; all 24/7

Trans Lifeline: <http://www.translifeline.org>; Peer support services, hotline Hotline: **877-565-8860** (not 24/7 but substantial coverage) <http://www.translifeline.org>;

Trans Youth Family Allies (TYFA): collaborates with service providers, educators and communities. www.imatyfa.org

Trans Youth Equality Foundation (TYEF): support, resources and networking services, based in Portland, ME, www.transyouthequality.org

World Professional Association for Transgender Health (WPATH): www.wpath.org

Welcoming Schools: a project of the Human Rights Campaign Foundation provides educators with a comprehensive approach to improve elementary school climates, embrace diversity, avoid stereotyping and end bullying. www.welcomingschools.org

RESOURCES IN GREATER BOSTON

BAGLY: Boston Alliance for Gay, Lesbian, Bisexual and Transgender Youth: social support programs for youth under age 22. www.bagly.org 617-227-4313

Greater Boston PFLAG: Support for families and LBBTQI youth; access local chapters, www.pflag.org 718-891-5966

GLSEN Boston: (Gay, Lesbian & Straight Education Network)
www.glsen.org/massachusetts School and community support network (national)

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GLASS Community Center: groups, therapy and drop in for GLBT youth 13 -25 at
JRI (Justice Resource Institute) www.jri.org/glass : 857.399.1920

Fenway Community Health Center: LGBTQ+ health and mental health care, research
and advocacy www.fenwayhealth.org or transhealth@fenwayhealth.org 617.927.6000

GeMS (Gender Multispecialty Service, Boston Children's Hospital): Medical and
mental health care, consultation and referral for gender non-conforming youth ages 2 –
25; 617.355.GeMS (4367) [http://www.childrenshospital.org/centers-and-
services/programs/f_-_n/gender-management-service](http://www.childrenshospital.org/centers-and-services/programs/f_-_n/gender-management-service)

OUT MetroWest: social support programs, including **UMBRELLA** for transgender and
GNC high school youth; **NEXUS** for LGBTQ+ middle school youth
www.outmetrowest.org 508.875.2112

Sidney Borum, Jr Health Center: (affiliated with Fenway Health Center) LGBTQ
health and mental health care for teens managed through Family Medicine teams.
<https://fenwayhealth.org/info/locations/theborum> 617.457.8140

Massachusetts Transgender Political Coalition: Information about current political
issues and laws; information about changing gender markers (ID Project) :
www.masstpc.org and info@masstpc.org

NAGLY: North Shore Alliance of GLBTQ+ youth, in Salem, MA.
Ongoing support groups and programming for youth, teens and their families
www.nagly.org 978.224.2102.

Safe Schools Program for LGBTQ+ Students, a joint initiative of the **MA Department
of Elementary and Secondary Education and the MA Commission on LGBTQ
Youth.** <http://www.doe.mass.edu/sfs/lgbtq>

WAGLY: www.wagly.org ; see **OUT MetroWest**

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